

Junior Cricket

By-Laws, Rules, Regulations and Playing Formats

Season 2024-25

Edition - 001-2021-22



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MACKAY JUNIOR CRICKET ASSOCIATION INC. RULES, REGULATIONS, PLAYING FORMATS

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REFERENCES:

Law of Cricket (2017 Code)

Cricket Australia – Minimum Standards for Players' and Match Officials' Areas at Domestic Matches

Cricket Australia – Anti-Harassment Code

Cricket Australia – Anti-Racism Code for Players and Player Support Personnel

Cricket Australia – Code of Behaviour for Players and Player Support Personnel

ASSOCIATION BY-LAWS, RULES, REGULATIONS & PLAYING FORMATS

The following has been produced to contain the By-Laws, Playing Rules, Regulations and Playing Formats for competitions conducted by the Mackay Cricket Association Incorporated. These rules and conditions are to be read in conjunction with the Laws of Cricket (2017 Code) as amended and contained in this document.

The rules apply unless otherwise specifically stated for a certain age group.

Cricket is a game that owes much of its unique appeal to the fact that it should be played not only within its Laws but also within the Spirit of the Game. Any action which is seen to abuse this spirit causes injury to the game itself. The major responsibility for ensuring the spirit of fair play rests with the captains.

The Junior Team Officials and team captains are responsible at all times for ensuring that play is conducted within the Spirit of the Game as well as within the Laws.

According to the Laws the umpires and in Junior Cricket, TEAM OFFICIALS are the sole judges of fair and unfair play. The umpires or team officials may intervene at any time and it is the responsibility of the team official to act where required.

There is no place for any act of violence on the field of play.

Captains, umpires and team officials together set the tone for the conduct of a cricket match. Every player is expected to make an important contribution to this.

Code of Behaviour

The Code of Behaviour applies to all players, officials, office bearers, spectators and members of clubs that participate in any affiliated association competition or fixture of the Mackay Cricket Association. It applies to all officials, office bearers and members of all affiliated Umpires Associations, and it applies to any person whether they are on or off the field or taking part in a match or not.

The Code of Behaviour applies to all players, spectators and officials, they must not assault or attempt to assault an Umpire, another player or spectator; or abuse, either verbally or physically, another player, Umpire or spectator. Players and officials are not to dispute an Umpire's decision or react in an obviously provocative or disapproving manner towards an Umpire, or their decision. Players and officials are not to use crude and abusive language, hand signals or other gestures, or refuse to supply their full name and registered address, when required by a person eligible to lodge a report. Players and officials are not permitted to time waste, conduct on field coaching, take any action likely to bring about a contrived result or undertake any conduct that is against what is understood to be the commonly accepted 'Spirit of the Game'.

The Mackay JUNIOR Cricket Association expects team officials to act strongly and promptly to prevent the use of foul language, either in general or directed specifically at individual players, and to report players who express dissent from their rulings.

1.1. LAWS OF CRICKET

The Law of Cricket (2017 Code) will apply except as varied below.

All references under the Laws of Cricket or Cricket Australia Regulations to 'Governing Body' or 'Cricket Australia' shall be replaced with Mackay Cricket Association (MCA) for the purposes of these Playing Conditions.

1.2. ASSOCIATION MATTERS

- **1.2.1.** The Association Match Committee may deal with all or any matters, whether referred to in these Playing Conditions or not, when requested to do so.
- 1.2.2. The Match Committee consists of the following:
 - **1.2.2.1.** Director of Junior Cricket as elected under the MCA constitution
 - **1.2.2.2.** Any other MCA Board Member
 - **1.2.2.3.** MCA Umpires' Coordinator or their appointed delegate
 - **1.2.2.4.** MCA Sports & Facilities Manager
- **1.2.3.** The Match committee will be comprised of three persons at minimum.

1.3. COMMENCEMENT OF SEASON

1.3.1. The playing season shall commence as early as practicable after the third term school holidays of every year unless otherwise decided by the MCA Match Committee.

1.4. AFFILIATION FEES

- **1.4.1.** Each club shall pay to the Association an amount, as fixed from time-to time, to cover affiliation and registration fees for players and teams. Fees will be as determined by the Association on a per Team basis and will be invoiced to each Club.
- **1.4.2.** Individual clubs will determine player fees for that club.

1.5. FINANCIAL OBLIGATIONS

- **1.5.1.** Any member failing to satisfy the financial obligations or debt due by them to their club, or the Association, may be disqualified by the MCA Match Committee from playing in any matches until such obligations or debt is satisfied
- **1.5.2.** All clubs must be financial with the Association as at the 1st August each year to be allowed to participate in next year's fixtures.
- **1.5.3.** All clubs must be financial with the Association as at the end of the month preceding the finals in order to be eligible to play those semi-finals and finals.
- **1.5.4.** Each club shall pay to the Association an amount, as fixed from time-to time, to cover affiliation and registration fees for players and teams.
- **1.5.5.** Clubs that are not up to date with fees at the completion of the season may be denied the opportunity to participate in the finals that the club may have qualified for until the fees are paid.

1.6. PLAYER/TEAM REGISTRATION

- **1.6.1.** To be affiliated with the Association the following must be forwarded to the Sports & Facilities Manager before teams are allowed to play.
 - **1.6.1.1.** Name of Club, team and age group.
 - **1.6.1.2.** Name, email address and phone number of the coach and/or manager of the team.
 - **1.6.1.3.** As per MCA Member Protection Policy, ALL coaches and managers must present their BLUE CARD on application or notification of junior team involvement.
- **1.6.2.** The MCA has adopted the MyCricket programme as its preferred data base for player registrations. Before the completion of the first fixture of the season.
 - **1.6.2.1.** Each club must lodge the names and details of all registered players by electronic submission in MyCricket.
 - **1.6.2.2.** Each club must select their teams in MyCricket in order to assist with the scoring and recording of results (see section 1.17)
 - **1.6.2.3.** Additional Registrations Any new players registered during the season must have their names and details lodged by electronic submission in MyCricket and will be added to their team prior to the completion of the first fixture in which they participate.
- **1.6.3.** No player shall be registered to play with more than one (1) club during the season without the prior consent of the MCA Match Committee.
- **1.6.4.** No member leaving one (1) club and joining another shall be allowed to play in any Association or other match between Associated Clubs until they have provided confirmation that they are financially clear of the club of which they were originally a member.
- **1.6.5.** Should it be determined that the club has contravened Playing Condition 1.6.4 by playing an uncleared and unregistered player, the offending team shall receive no points from that/those match (s) in which the uncleared member participated.

1.7. PLAYERS' CONDUCT and BEHAVIOUR

Traditionally, Cricket has been the one sport to maintain and promote the highest levels of conduct and sportsmanship. While always a competitive sport, its continued strength and its image relies on the acceptance of the Umpire's decision and a preparedness to play within the "spirit of the game".

ALL PLAYERS AND OFFICIALS SHOULD BE WELL AWARE OF THE STANDARDS EXPECTED AND CONSEQUENTLY, ANY PLAYER OR OFFICIAL WHO BREACHES THIS CODE CAN EXPECT LITTLE SYMPATHY IF FOUND GUILTY.

It is the responsibility of everyone associated with the Mackay Cricket Association - Club Officials, Team Captains and especially the Players - to ensure the level of conduct and sportsmanship traditionally inherent in the Game is observed.

This policy applies to ALL competitions.

This Code applies to any player or official representing the Mackay Cricket Association, including participating in any competition, tour or training camp, from the time of departure from the player's or official's usual private residence prior to the tour or camp until return to that residence after the tour or camp.

"Official" means the manager or a member of the coaching, medical or fitness staff of a team; the selectors of a team; any other person acting in an official capacity for the Mackay Cricket Association or a Grade Club in relation to a team; or an umpire of a match.

The Code

The captains and coaches are responsible at all times for ensuring that play is conducted within the spirit of the game as well as within the Laws.

This Code applies to all registered players, officials and umpires whether participating or spectating at any match or event under the auspices of Cricket Australia or Queensland Cricket, including matches sanctioned by Queensland Cricket Affiliates. It applies in addition to and not in substitution for the ICC Code of Conduct and the Cricket Australia Code of Behaviour, Racial and Religious Vilification Code and the Anti-Harassment Policy, [the Codes]. Specifically:

- Players, officials and umpires must not abuse cricket equipment or clothing, ground equipment or fixtures and fittings.
- Players, officials and umpires must not assault or attempt to assault an umpire, a player, an official or spectator.
- Players and officials must not react with unnecessary obvious dissension, displeasure or disapproval either towards an umpire, his decision, or generally, following an umpiring decision.
- Players and officials must not use crude or abusive language, or otherwise engage in conduct detrimental to the spirit of
 the game. An Umpire would be expected to caution the player and advise the Captain of his concern before reporting
 any player for this type of behaviour.
- Players and officials must not indulge in conduct detrimental to the game.
- Players and officials must in no way use crude or abusive hand signals.
- Players and officials must not engage in any form of racial or religious abuse or harassment as defined in the Mackay Cricket Association Racial and Religious Vilification Code, the Cricket Australia Racial and Religious Vilification Code or Anti-Harassment Policy.
- Without limiting any other rule, players and officials must not make public or media comment that is detrimental to the interests of the game.
 - **1.7.1.** All players shall be bound by the terms of the Code of Behaviour and Racial & Religious Vilification Code as adopted by the Mackay Cricket Association Inc. (Appendix A & B).
 - **1.7.2.** Disorderly Conduct Refer to Code of Conduct attachment (Appendix A)

1.8. DISPUTES, PROTESTS and APPEALS

- **1.8.1.** Any Club may refer a dispute to the MCA. That Club shall forward a clear statement, in writing, of the matter in dispute, within seven (7) days of the completion of the match in which the dispute shall have arisen to the MCA Sports & Facilities Manager.
- **1.8.2.** All Mackay Junior Cricket disputes, protests and Appeals (Should Clubs have an issue with application of the rules they are able to appeal to the Appeals committee) will be dealt with in accordance with section 3.15 of the Senior Cricket Rules, Regulations & Playing Conditions.
- **1.8.3.** Should clubs choose to appeal beyond the Mackay Cricket Association process it will dealt with in accordance with the rules of those bodies.

1.9. DELEGATES MEETINGS

- **1.9.1.** Each club is allowed 1 delegate representative to attend MCA Junior Cricket delegate meetings. Clubs are required to provide a minimum number of delegates to each meeting as determined by the Associations Constitution. Clubs are encouraged to include one of their executive committee members to attend delegates meetings
- **1.9.2.** Special delegates meeting can be called during the offseason.
- **1.9.3.** A forum will be held within one (1) month of the completion of the season.

1.10. DRAWS, WASHOUTS and PREMIERSHIP CATCH-UP GAMES

- **1.10.1.** The MCA Match Committee in conjunction with the MCA Arena & Facilities Manager has the responsibility for drawing up a schedule of matches and venues.
- 1.10.2. Every endeavour will be made to have a completed draw ready by the start of the season.
- **1.10.3.** U11 to U16 will normally be played on Saturday mornings with some Friday night games, Master Blaster programs will be played on Wednesday nights.
- **1.10.4.** The MCA Match Committee reserves the right to change the draw in any particular way, such changes will be notified by email to the nominated club delegates and where possible through the media.
- **1.10.5.** Washouts In the event of a first day washout in a two (2) day game, the game will be reduced on the second day to a one (1) day game. Do we need this as we don't play two day games anymore?
- 1.10.6. Where possible, Harrup park wickets will be reserved for Sunday play when Saturday play is lost due to rain.
- **1.10.7.** In the event of a washout, clubs are encouraged to play "catch-up" games on allocated reserve days allocated throughout the season
- **1.10.8.** Reserve days will be allocated in the draw to accommodate Washout days.
- **1.10.9.** If catch up games cannot be played on allocated reserve days, then the points will be awarded as for a washout.
- **1.10.10.** The MCA Match Committee is responsible for the availability of an alternative ground in consultation with the MCA Arena & Facilities Manager.

1.11. FITNESS OF GROUNDS

- 1.11.1. Laws of Cricket (2017 CODE) Law 6.2 (Fitness of the pitch for play) will apply with the following amendment:
- 1.11.2. Prior to the ground being handed over to the umpires in control of a match, the <u>Arena & Facilities Manager and/or Curator or Groundsman on shift will be the sole judge as to the condition of the grounds</u>. Should the Curator not be satisfied that the ground will be in a condition to begin the match, they will notify the Sports & Facilities Manager to advertise that cricket will not be taking place. Once satisfied that the pitch will be playable, the Sports & Facilities Manager &/or Curator will hand control over to the umpires.
- **1.11.3.** On fields that the Curator does not have control over, the Coaches of each side playing at that ground <u>must perform a Risk Assessment Check</u> prior to taking the field. JLT Game day Check list form available from the MCA web site.

1.12. USE OF LIGHT METERS

- **1.12.1.** Light meters will be used in all games when and as required.
- **1.12.2.** Light meter readings of 100 lux or less are unplayable.

1.13. PLAYERS TO CONSTITUTE A TEAM – Incomplete Teams

1.13.1. Team numbers for each grade are governed by the Australian Cricket Junior Formats as adopted and modified by the MCA.

- **1.13.2.** The MCA Match Committee has the discretion to vary this number to ensure participation by as many teams and players as possible.
- **1.13.3.** If a club on two (2) consecutive matches arranged by the Association fails to field a full team as per the junior grade formats of any age group in which it is competing, the matter shall be reported to the MCA Match Committee.
- **1.13.4.** The MCA Match Committee shall make every endeavour to find additional or substitute players for that team or take any other appropriate action to assist that team.
- **1.13.5.** Where team numbers are not specified in the Junior format, no fewer than 7 players shall constitute a team before a forfeit can be claimed.
- **1.13.6.** A forfeit under this rule can only be claimed before the commencement of play on either day. Should a team not be able to field a team within 15 minutes of the schedule start of play, the opposing Captain will claim a forfeit. Note: clause 1.13.11.3 below.
- **1.13.7.** One team may loan players to another team to ensure a match is played but the team with insufficient players cannot claim points for the match win, they will still forfeit the match
- 1.13.8. Any team claiming a forfeit must inform the Association in writing within 48 hours of the days play.
- **1.13.9.** Any club or team which shall have failed to play 2 consecutive matches in one (1) season may be compelled to forfeit all rights to memberships or representation to the Association.

1.13.10. Playing Down & Subbing Up

- **1.13.10.1.** A team may include up to three (3) players that would normally be playing for the age group immediately above if their ability is better suited to the lower age group. These players:
 - **1.13.10.1.1.** Must have played 25% of the available games for the season to qualify in any finals games, and:
 - **1.13.10.1.2.** Will be ineligible to play representative cricket unless the club they play for does not have a team in the player's correct age group.
- **1.13.10.2.** If a player plays more than Six (6) games in an upper age group in the MJCA competition, they are not permitted to return to the lower age group for the remainder of the season.

1.13.11. Inability/Refusal to Play

- **1.13.11.1.** If any team is unable to or refuses to proceed with a match within 15 minutes of the appointed time, the match shall be forfeited by the team unwilling or refusing to play.
- **1.13.11.2.** In two (2) day games, it a team refuses to bat in the second innings this shall be treated as a forfeit by the team refusing to bat and outright points may be awarded at the discretion of the Junior Sub-Committee.
- 1.13.11.3. In the spirit of Cricket it would be expected that the coaches of opposing teams would show leniency to teams travelling some distance for matches and allow later starts where necessary. Remember our aim is to play cricket.

1.14. FIXTURES

- **1.14.1.** Normally fixtures will be played on Saturday morning's, but the Junior Sub-Committee may vary this according to the availability of fields and the needs of the association and other bodies for representative and other fixture.
- 1.14.2. The Junior Sub-Committee will determine upon which wickets the matches will be played.
- 1.14.3. No alteration in these allocations shall be made unless sanctioned by the Junior Sub-Committee.
- **1.14.4.** The penalty for altering these matters without sanction of the Junior Sub-Committee will be the forfeiture of any points awarded to either side for the match
- **1.14.5.** The Junior Sub-Committee shall allow fixtures to be postponed only under extraordinary circumstances.
- **1.14.6.** The Junior Sub-Committee will determine which ground fixtures are played on.

1.15. INSURANCE

NB: Cricket Australia's insurances cover only the outdoor competitions sanctioned by the MCA. Indoor versions of the game are covered separately.

- 1.15.1. Players, coaches and volunteers are covered by the National Club Insurance Scheme.
- **1.15.2.** For this cover to apply it is extremely important that all clubs maintain up to date information on their membership in MyCricket.

1.16. TWO CLUBS TEAM IN THE SAME AGE GROUP

1.16.1. If any Club nominates more than one (1) team in any age group, any player, having played two (2) completed matches with one (1) team, shall not be permitted to play for any other team in the same age group without the express written permission of the Junior Sub-Committee.

1.17. SCORING and SCOREBOOKS

- 1.17.1. Scores can be entered live using PlayHQ. Where PlayHQ is NOT used:
- **1.17.2.** Scorers and/or Coaches and Captains should balance and compare scorebooks at the completion of each day's play. An official from each team is to sign both scorebooks to ensure agreement on the match result.
- **1.17.3.** Each team is responsible for ensuring that the paper scorebook is accurately kept. The scorebooks shall be kept by the coach or team representative and scores shall be entered in My Cricket web site within 120 hours, (5 Days) after the completion of the days play.
- **1.17.4.** The scorebooks need to have at least the following:

Full names – both batters and bowlers.

All details completed – batters score and how out, sundry total (s), bowler's figures and total score.

A team total needs to be agreed upon and circled.

A game result (eg: Team A won first innings by 34 runs) written and signed by the team official. Both teams are to record the match result and all required match details including statistics of individual batting, bowling and fielding into MyCricket within the requested time allocation (120 hours – 5 days after the match).

1.17.5. Failure to comply with the above rulings may result in player being ineligible for individual trophies.

1.18. HOURS of PLAY and OVERS PER INNINGS

Unless otherwise advised by the Junior Sub-Committee, hours of play shall be as follows:

1.18.1. Saturdays Play

Half Day - 8.00am – 9:45am, 1st Innings and 10:00am - 11.45 am 2nd Innings. Games must not be extended beyond 11.45am on turf wickets to allow wickets to be prepared for senior games.

Full Day - 8.00am to 11.45 and 12.30pm to 4:15pm

1.18.2. Sundays Play

Half day. 9.00am to 12.45pm or 1.30pm to 5.15pm

Full day 9.00am to 12.45pm and 1.30pm to 5.15pm

1.19.3 Overs Per Innings

Half Day - If the maximum number of overs has not been reached by the $9.45am\ 1^{st}$ innings cut off then both innings for the match will be reduced to the number of overs reached at $9.45am.eg\ 23$ overs of scheduled 25 over match

NOTE: At Harrup Park, No Sundays play before 9:00am to allow golfers to depart.

1.19. COVERING THE PITCH

- 1.19.1. Junior cricketers are to cover the pitch if/when rain appears during the mornings play.
- 1.19.2. The covers shall be applied as per the "Covering the Pitch Covers Duty" procedure (Appendix C)
- **1.19.3.** This process will be under the direction of the Head Groundsman or his delegate.

1.20. ATTIRE

In all fixtures players must play in the following attire:

- **1.20.1.** Shirts in club colours, white or cream long trousers or shorts, predominantly white socks and shoes. Note: NO football socks or long trousers tucked into long socks.
 - However, new players could play (up to TWO (2) games) in attire that is not normal standard. If a player consistently wears clothing that is not the official club attire, that person will not be allowed to play until correct attire is worn.
- **1.20.2.** On concrete/Astro/synthetic wickets, shoes should have solid rubber or equivalent soles. On turf wickets spikes <u>MUST</u> be worn when batting and bowling.
- **1.20.3.** Club monograms are permissible on the pockets of the shirt.
- **1.20.4.** Players not wearing club colours must wear traditional white cricket attire.
- **1.20.5.** ALL players must wear shoes during matches.
- **1.20.6.** The only permissible headwear is the CLUB cap or a broad brimmed fielding hat in club colours or in white or cream with or without the club logo. Note: Representative caps or hats must not be worn during association fixtures.
- **1.20.7.** Coaches/Managers should police the attire rule. Opposition coaches and managers may report persistent breaches to the Junior Sub-Committee for action as deemed to be appropriate.

1.21. THE BALL

- 1.21.1. Under 8 Junior Blaster Ball Supplied
- **1.21.2.** Under 10 Master Blaster Ball Supplied
- 1.21.3. Stage 1 U11 Kookaburra Commander 142g
- 1.21.4. Stage 2 U12 142-gram 2 Piece Balls Kooka Crown
- 1.21.5. Stage 2 U13 142-gram 2 Piece Balls Kooka Crown
- **1.21.6.** Stage 3 U15 156-gram 2 Piece Balls Kookaburra Red King
- 1.21.7. Stage 3 U17 156-gram 2 Piece Balls Kookaburra Red King

1.22. SLEDGING, POOR SPORTSMANSHIP

- **1.22.1.** Sledging, poor sportsmanship or swearing of any sort shall not be tolerated. Offenders shall be warned and;
- **1.22.2.** With any instance of persistent sledging, poor sportsmanship or swearing the issue shall be reported in writing to the Junior Sub-Committee by the reporting clubs Junior Coordinator/Delegate. Such instances will be investigated, and penalties imposed if required.

1.23. DUTY OF CARE

- **1.23.1.** All affiliated clubs; their Coaches and Managers are reminded that cricket is a game with potential risks for the players. All batsman should be made aware of the benefits of using protective equipment, such as but not limited to, helmets, leg guards, gloves, arm guards, abdominal protection and (for males) a protector.
- 1.23.2. A batter must wear a British Standard 7928:2013 compliant helmet at all times when batting.
- **1.23.3.** Wicketkeepers In Junior Competitions At all times when wicketkeeping, the wicketkeeper must wear a British Standard 7928:2013 compliant helmet.

- **1.23.4.** Any player that is aged less than 18 years is prohibited from fielding any closer than 10m from the bat (unless acting as a Wicketkeeper or fielding in the Slips or a Gully position).
- **1.23.5.** If a fielder is in breach of 1.23.4 above, prior to the ball striking the batter, passing the stumps or being hit by the batter either umpire shall call and signal "dead ball".
- **1.23.6.** Play shall cease immediately, if a lightning flash is followed by thunder less than 30 seconds later. Play shall not resume until 30 minutes after the last such lightning flash

1.24. LIGHTNING AND THUNDER

- **1.24.1.** All umpiring officials, Captains, coaches and managers are to exercise extreme caution during thunderstorms. The following 30/30 rule is to apply to all association fixtures
- **1.24.2.** If lightning and thunder are separated by a period of time of less than 30 seconds, then the lightning is close enough to be a threat and players & officials/umpires are to leave the field or training area immediately and seek shelter;
- **1.24.3.** A period of 30 minutes should elapse before play is resumed, that is, after seeing the last lightning flash, wait 30 minutes before resuming play. If during this time lightning is again observed, the 30 minutes starts again.
- Fixtures at Harrup Park any official or umpire, after observing lightning will initiate 3 short bursts of an air horn to signal to all fields that lightning is in the area and players are required to immediately leave the playing area & seek shelter. The initiating umpire will monitor the timing of the lightning and communicate to all official umpires &/or captains when play is to resume.

1.25. PLAYER TROPHIES

- **1.25.1.** Individual player trophies will be awarded in age groups U12 to U17, based on the individual player statistics entered in PlayHQ for the regular season matches (excluding finals).
- **1.25.2.** In the event of players tying in the batting and bowling aggregate trophies, the player with the best average will be declared the individual trophy winner.
- **1.25.3.** To be eligible for the batting average trophy, the player must have scored a minimum of 100 runs.
 - **1.25.3.1.** Under 12 to be eligible must have scored a minimum of 75 runs.
- **1.25.4.** To be eligible for the bowling average trophy, the player must have bowled a minimum of 20 overs.
 - **1.25.4.1.** Under 12 must have bowled a minimum of 10 overs

1.26. CLUB CHAMPIONSHIP TROPHY

- **1.26.1.** Points will be allocated to clubs based on match results entered in MyCricket.
- **1.26.2.** In the event of any club having more than one side nominated in any age group, the average points for those sides will go towards the Club Championship.

1.27. GRAND FINAL – FINALS ELIGIBILITY

- **1.27.1.** A Grand Final will be held between the top two teams on the ladder on the date set out in the draw. Grand Finals will be played for Age Groups U11 to U17. If an age group consists of 7 or more teams, Semi Finals may be played to determine the top two teams to play the Grand Final.
- **1.27.2.** The MCA Match Committee may nominate an alternative date for the grand final in the event that no play is possible on the original date set out in the draw.
- **1.27.3.** If no alternate dates are available, and the final is washed out, the team in position 1 will be deemed the winner.
- **1.27.4.** At the discretion of the MCA Match Committee, any final may be relocated to an alternative venue (e.g. synthetic wicket in lieu of turf), prior to the commencement of the match.
- 1.27.5. If rain intervenes, a minimum of 25 overs per side must be played to constitute a match.
- 1.27.6. The Grand Final is to be played in quarters if the age group normally plays in quarters.

1.27.7. All players must have played 25% of any scheduled games of that age division or below.

1.28. PREMIERSHIP POINTS

Premiership points are awarded on the results of games as per the following:

1.28.1. T20 and ONE (1) DAY Matches

 Win
 8

 Loss
 2

 Draw/Tie
 4

1.28.2. Forfeits

- **1.28.2.1.** Any team on receiving a forfeit in a match shall be awarded 8 points
- **1.28.2.2.** No points shall be awarded to any team forfeiting a match.

1.28.3. Byes

- **1.28.3.1.** In the event of a bye in a grade where not all teams receive the same number of byes, the team who has the bye shall receive 8 points for that round.
- **1.28.3.2.** In grades where all teams receive the same number of byes, the team having the bye shall receive zero points.

1.29. AGE GROUPS, COMPETITIONS and JUNIOR FORMATS

Mackay Cricket Association has adopted the Australian Cricket Junior formats as their preferred playing format for all junior age groups.

The MCA reserves the right to formulate graded age competitions if team numbers are sufficient. Graded age competitions will commence each season with 3 to 4 matches of grading games, the teams will be graded on performance and ability if applicable.

1.29.1. Age Grouping

Refer to MCA Modified Cricket Australia format appendix 1 for indicative age groups

1.29.2. Competition

Refer to Appendix 1

1.29.3. Draw

- **1.29.3.1.** The draw will be created & published in Mycricket for all competitions to achieve the maximum number of matches throughout the season
- **1.29.3.2.** Clubs can nominate multiple teams in each age group.

1.29.4. Girls Competitions

This competition is to allow girls between the ages of 11 and 17 the opportunity to play cricket in a same gender environment. It will consist of as many teams that are nominated from the respective clubs. Clubs can nominate multiple teams in this age group.

- **1.29.4.1.** The girl's completed draw will follow the MCA Modified Australian Cricket Junior Format Stage 2 (T15).
- **1.29.4.2.** The competition draw will be created & published in mycricket for all competitions to achieve the maximum number of matches throughout the season

1.29.4.3. The matches will normally be played on Friday afternoon/evenings

FULL copies of competition draws can be downloaded from the My Cricket website. Contact the MCA Arena & Facilities Manager (sportsadmin@harruppark.com.au) if you need further information

1.30. PlayHQ

PlayHQ is the home of community cricket in Australia. As well as allowing people to manage a wide range of club tasks, including match results and scores, player availability and team selections it is also a one stop resource for clubs providing a host of tools to help make club administration roles easier.

The Mackay Cricket Association has adopted the PlayHQ programme as its preferred data base for gathering cricket results, player scores and player registrations for all competitions conducted within the association.

- **1.30.1.** All players who play in the Mackay Cricket Association competitions must be registered with PlayHQ.
 - Players can login to the PlayHQ website and update their personal details and availability.
 - Players transferring between clubs must seek a clearance from their previous club through the PlayHQ clearance system.
- **1.30.2.** All match results must be entered in PlayHQ after each match by the team or club representative. Match results and <u>player scores</u> must be entered within 120 hours (5 days) of the completion of the game and before the commencement of the following round.
- **1.30.3.** Representatives who enter match results must enter ONE of the following from the "RESULTS" drop down screen. By entering the correct result, the appropriate points will be displayed correctly on competition ladders.

ONE (1) Day Games	T20/T25 Games
WON FIRST INNINGS	WON FIRST INNINGS
LOST FIRST INNINGS	LOST FIRST INNINGS
TIE FIRST INNINGS	TIE FIRST INNINGS
MATCH DRAWN	MATCH DRAWN
MATCH ABANDONED	MATCH ABANDONED
WON ON FORFEIT	WON ON FORFEIT
LOST ON FORFEIT	LOST ON FORFEIT

1.31 GENERAL RULES

1.32 Umpiring and Coaching

- 1.32.1 It is highly recommended that parents should not umpire from the end that their son/daughter is bowling from.
- 1.32.2 Coaches/Umpires may not assist the captains in the placement of fields in the Under 14 and Under 16 age groups.
- 1.32.3 The captains, coaches and umpires control the conduct on the field.

1.33 No Ball

Normal No ball rules apply and

- 1.34 A pitched ball that bounces more than two times before it reaches the batter in his/her normal batting stance is a No ball
- 1.35 A full toss above the waist is a No ball
- 1.36 A pitched ball that bounces above the batter's shoulders when a batter is in their normal batting stance is a No ball

1.37 If the ball hits the edge of a concrete pitch it is a No ball (no further runs can be taken and the batter can only be dismissed Run Out)

The revised junior formats are aligned to the Australian Cricket Pathway.

The principles of the Pathway are:

- 1. Focus is on enhancing players enjoyment and retention by:
 - ✓ Encouraging players to compete at their skill level (age is indicative only)
 - ✓ Graduated player numbers to increase activity levels for all players by providing more space on field and game opportunities
 - ✓ Graduated complexity of match formats to support skill development
 - ✓ Providing options of game duration to suit players and families
- 2. Formats are aligned to the Australian Cricket Pathway competency framework and are consistent across Australia
- 3. Representative cricket is designed to stretch the best players. This includes inter-association, Regional, State and National Championships
- 4. Coach development, accreditation and skills are aligned to the formats and level of the player
- 5. Coaching resources are consistent with the Australian Cricket Pathway framework and support development of player skills throughout the formats
- 6. Female pathways can use same formats however the progression may be different depending on experience and numbers of players

JUNIOR FORMATS FOR MJCA.

Season - 2021-22

AGE GROUP	FORMAT
U8's	Junior BLASTERS
U10's	MASTER BLASTERS
U11's	STAGE 1 – 20 Overs
U12's	STAGE 2 – 25 Overs
U13's	STAGE 2 – 25 Overs
U15's	STAGE 3 – 25 Overs
U15's	STAGE 3 – 25 Overs
U17s	STAGE 3 – 25 Overs
	STAGE 3 – 35 Overs (Sunday afternoon only)
Heat Girls League	Modified STAGE TWO – 15 Overs
MCA T20 U19 Smash— Stage 3	Stage 3 – 20 Overs

UNDER 14-17 Age — STAGE 3 One-Day Format MCA 25 OVER DETAILED MATCH DAY RULES

SUMMARY	Playing and competing
PURPOSE	MCA
DESCRIPTION	This format is appropriate for players with developed skills who are ready to apply them in the full dimensions of the game – it is aligned to adult cricket on a full-length wicket with 11 players.
INDICATIVE AGE	U13-U16
СОАСН	Accredited Community (Level 1) Coach
GAME TYPE	25 over game
BALL	 142g leather (female) 2 Piece Platypus Gem or Kookaburra Red King 156g leather (male) 4-piece Platypus Diamond or Kookaburra Senator
TIME	 180mins (3hrs) Cut-off time 11.45am. Please refer to Match Management document for time saving strategies.
EQUIPMENT	 Helmet's must always be worn whilst batting & wicket-keeping. Pads Gloves Protector Additional safety equipment can be worn based on match conditions and/or personal preference. 2 sets of stumps with bails. Bat size: Size 6 (weight <2.2lb or <1000g) is recommended.
BOUNDARY	 50m (maximum) Boundary to be measured from the centre of the pitch. Refer to Boundary Setup Document for further information on the boundary setup process.
PITCH TYPE AND LENGTH	 Hard Wicket or Turf Wicket 20.1m (standard pitch length)

OVERS	25 overs per team;
TEAM	 9 players per team 7 players per team minimum are required to play the game. 11 players per team maximum are to be allocated to a team (maximum 9 players on field at any given time). Innings ends at fall of 8th wicket.
INNINGS	Max 25 overs per team or 8 wickets. Overs to be bowled within allocated time. 1st innings starting time: 8am Innings break: 9.45am (1hr 45mins) 2nd innings start 10.00am Finish 11.45am (1hr 45mins)
BATTING	 There is no compulsory retirement in Stage 3. Player Retirement (40 balls faced) at coaches discretion. Any retired batters can return when all others have batted, in the order they retired. All balls (regardless of whether wides / no balls) will be included in the batter's ball count. If the team has more than 9 players, those players that did not bowl must bat. The innings is deemed as closed after 8 wickets have fallen or the batting team has completed their allotted overs. Free hit for no balls
BOWLING	6 balls per over (maximum of 8 balls per over except the last over where 6 legal deliveries must be bowled). A minimum of 6 players must bowl. If the team has more than 9 players, a maximum of 9 players can bowl only. There is a maximum of 5 overs per bowler. If a ball bounces more than twice before the popping crease it will be deemed a no-ball A full toss above the waist is a no ball * Please see Recommended Bowling Breakdown for recommended over per player options.
FIELDING	To ensure players experience all fielding positions, fielding rotations can be implemented at the discretion of the Coach. No fielders within 10 metres (except regulation offside slips, gully and wicketkeeper). No More than 4 fielders outside the
DISMISSALS	All modes of dismissal count except Mankad

SUMMARY	Playing and competing
PURPOSE	мса
DESCRIPTION	A formatthat looks to further develop the cricket skills of kids that are playing their 2 nd or 3 rd year of junior cricket. The emphasis here is on continuous and active participation, where all players get to bat, bowl and field in a 3-hour window.
INDICATIVE AGE	U13
COACH	Accredited Community (Level 1) Coach
GAME TYPE	• T25 (25 over game)
BALL	• 142g leather (2 piece Platypus Gem or Kookaburra Red King)
TIME	 180 mins (3hrs) Cut-off time 11.45am Please refer to Match Management document for time saving strategies.
EQUIPMENT	 Helmet's must always be worn whilst batting & wicket-keeping. Pads Gloves Protector Additional safety equipment can be worn based on match conditions and/or personal preference. 2 sets of portable stumps recommended (with base and bails) – minimum 1 set of portable stumps required. Bat size: Size 5 or 6 (weight <2lb or <900g) is recommended. Measuring tape or string to measure Pitch length and boundary. Boundary markers Chalk, tape or paint to mark crease.
BOUNDARY	 45m (maximum) Boundary is to be measured from the centre of the pitch. Refer to Boundary Setup Document for further information on the boundary setup process.
PITCH TYPE AND LENGTH	 Hard wicket or Turf Wicket. 18m length – measured stump to stump. For simplicity in measurement, stumps can be brought in at each end to the 2 front crease lines (17.7m).

	I
OVERS	Max 25 overs per team
TEAM	 9 players per team 7 players per team minimum are required to play the game. 11 players per team maximum are to be allocated to a team (maximum 9 players on field at any given time). Innings ends at fall of 8th wicket.
INNINGS	Max 25 overs per team or 8 wickets. Overs to be bowled within allocated time. 1st innings starting time: 8am Innings break: 9.45am (1hr 45mins) 2nd innings start 10.00am Finish 11.45am (1hr 45mins)
BATTING	 All batters retire at 20 balls faced (with the assumption that some players will be dismissed). Any retired batters can return when all others have batted, in the order they retired. All balls (regardless of whether wides / no balls) will be included in the batter's ball count. If the team has more than 9 players, those players that did not bowl must bat. The innings is deemed as closed after 8 wickets have fallen or the batting team has completed their allotted overs.
BOWLING	 6 balls per over (maximum of 8 balls per over except the last over where 6 legal deliveries must be bowled). Maximum of 4 overs per bowler. * Please see Recommended Bowling Breakdown for recommended over per player options. If a ball bounces more than twice before the popping crease it will be deemed a no-ball A full toss above the waist is a no ball If a ball hits the edge of the concrete pitch it is a no ball If the team has 9 players or less, all players must bowl (excluding wicketkeeper). If the team has more than 9 players, a maximum of 9 players can bowl only. Those players that did not bat must bowl. Coaches are encouraged to rotate the opportunity for players to bowl 4 overs in a match. Bowlers change ends at 10 overs. Bowlers bowl 12 overs from one end and then swap ends and bowl remaining overs from the other end.
FIELDING	 To ensure players experience all fielding positions, fielding rotations can be implemented at the discretion of the Coach. No fielders within 10 meters of the bat (except regulation offside slips, gully and wicket keeper). If more than 9 players are present at a match, they should rotate onto the field each over. Teams have the option to change wicketkeepers after 10 overs. No More than 5 fielders outside the circle
DISMISSALS	All modes of dismissal count except Mankad.

SUMMARY	Playing and competing
PURPOSE	MCA
DESCRIPTION	A format that looks to further develop the cricket skills of kids that are playing their 2 nd or 3 rd year of junior cricket. The emphasis here is on continuous and active participation, where all players get to bat, bowl and field in a 2-hour window.
INDICATIVE AGE	U12 and Heat Girls Cricket League
COACH	Accredited Community (level 1) Coach
GAME TYPE	• T15 (15 over game)
BALL	142g leather (2 piece Platypus Gem or Kookaburra Red King)
TIME	 120 mins (2hrs) The Association/Competition Manager have the option to include a cut off time for the 1st innings if required for local needs including facilities usage, travel time, daylight issues or heat. Please refer to Match Management document for time saving strategies.
EQUIPMENT	 Helmet's must always be worn whilst batting & wicket-keeping. Pads Gloves Protector Additional safety equipment can be worn based on match conditions and/or personal preference. 2 sets of portable stumps recommended (with base and bails) – minimum 1 set of portable stumps required. Bat size: Size 5 or 6 (weight <2lb or <900g) is recommended. Measuring tape or string to measure Pitch length and boundary. Boundary markers Chalk, tape or paint to mark crease.
BOUNDARY	 45m (maximum) Boundary is to be measured from the centre of the pitch. Refer to Boundary Setup Document for further information on the boundary setup process.
PITCH TYPE AND LENGTH	 Hard wicket or Turf Wicket. 18m length – measured stump to stump. For simplicity in measurement, stumps can be brought in at each end to the 2 front crease lines (17.7m).

OVERS	• 15 overs per team (90 balls)
ТЕАМ	 7 players per team 6 players per team minimum are required to play the game. 9 players is the maximum to be allocated to a team. Maximum 7 players on the field at any given time.
INNINGS	• 1 innings of 15 overs per team
	 All balls (regardless of whether wides/no balls) will be included in the batter's ball count. As there is allowances for varying team size, the following retirement rules apply: 6 player team – batters retire at 15 balls 7 player team – batters retire at 13 balls 8 player team – batters retire at 11 balls 9 player team – batters retire at 9 balls Batters are to retire as soon as they face their allotted balls, not at the end of the over. Every batter will bat their allocated balls regardless of how many times they get out. For each fall of wicket though 4 penalty runs will be added to the fielding teams score. The innings is deemed as closed after 6 wickets have fallen or the batting team has completed their allotted overs.
	6 balls per over (maximum of 8 balls per over except the last over where 6 legal deliveries must be bowled). Maximum of 3 overs per bowler. *Please see Recommended Bowling Breakdown for recommended over per player options. If a ball bounces more than twice before the popping crease it will be deemed a no-ball A full toss above the waist is a no ball If a ball hits the edge of the concrete pitch it is a no ball All players must bowl (excluding wicketkeeper). Coaches are encouraged to rotate the opportunity for players to bowl 3 overs in a match. Bowlers can bowl from one end for the entire game at competition manager's discretion.
FIELDING	 To ensure players experience all fielding positions, fielding rotations can be implemented at the discretion of the Coach. No fielders within 10 metres of the bat (except regulation offside slips, gully and wicket keeper). Teams have the option to change wicketkeepers after 7 overs. No more than 7 players on the field at any time, players should rotate onto the field each over.
DISMISSALS	All modes of dismissal count except Mankad.

UNDER 11 – STAGE 1 20 OVER DETAILED MATCH DAY RULES

SUMMARY	Playing the game
PURPOSE	мса
DESCRIPTION	This format is designed for those kids who have completed Cricket Australia's Entry Level Programs and are ready for their first taste of junior club competition. Designed to stimulate action and test game sense and skills whether batting, bowling or
INDICATIVE AGE	U10 & U11
COACH	Accredited Community (Level 1) Coach
GAME TYPE	• T20 (20 over game)
BALL	Modified ball (circumference 21-22.5cm, ideal weight 120-140g). Kookaburra Commander 142g is recommended.
TIME	 120 mins (2 hrs) The Association/Competition Manager have the option to include a cut off time for the 1st innings if required for local needs including facilities usage, travel time, daylight issues or heat. Please refer to Match Management document for time saving strategies.
EQUIPMENT	 Helmet's must always be worn whilst batting & wicket-keeping. Pads Gloves Protector Additional safety equipment can be worn based on match conditions and/or personal preference. 2 sets of portable stumps recommended (with base and bails) – minimum 1 set of portable stumps required. Bat size: Size 4 (<1.8lb or <800gm) is recommended Modified ball (as per specifications above). Measuring tape or string to measure pitch length and boundary. Boundary markers Chalk, tape or paint to mark crease.
BOUNDARY	40m (maximum) Boundary is to be measured from the batter's end stumps. Refer to Boundary Setup Document for further information on the boundary setup process.
PITCH TYPE AND LENGTH	 Outfield or hard wicket surface. 16m length – measured stump to stump.

OVERS	20 overs per team (120 balls)
TEAM	 7 players per team 5 players per team is the minimum required to play the game. 9 players is the maximum to be allocated to a team (maximum 7 players on field at any given time).
INNINGS	• 1 innings of 20 overs per team
BATTING	 All balls (regardless of whether wides/no balls) will be included in the batter's ball count. Batter to leave the field & return when all other players have batted As there is allowances for varying team size, the following retirement rules apply: 5 player team – batters retire at 24 balls 6 player team – batters retire at 20 balls 7 player team – batters retire at 17 balls 8 player team – batters retire at 15 balls 9 player team – batters retire at 13 balls If there is an extra ball to be bowled, the batter facing at the time will face the extra ball (i.e. 17 x 7 = 119) Batters are to retire as soon as they face their allotted balls, not at the end of the over.
BOWLING	6 balls per over (maximum) All players are to bowl (each Wicketkeeper is to bowl one over each) Maximum overs bowled by a player are 4 overs *Please see Recommended Bowling Breakdown for recommended over per player options. If a ball bounces more than twice before the popping crease it will be deemed a no-ball A full toss above the waist is a no ball If a ball hits the edge of the concrete pitch it is a no ball Bowlers are to bowl from the one end for entire game
FIELDING	Rotation of fielders is required to ensure all players experience all positions No fielders within 15 metres of batter or each other (except Wicketkeeper) to encourage singles and safety Each team is required to use two (2) wicket keepers (10 overs each) If more than 7 players are present at a match, they should rotate onto the field each over.
DISMISSALS	 Unlimited dismissals (each player will face the nominated number of balls each) If a player is dismissed, that player will change ends The following dismissals apply in this format: Bowled, Caught, Caught & Bowled, Run Out, Stumped, Hit Wicket.

UNDER 10 MASTER BLASTERS Div 1

Under 10 Playing Guidelines

Coaches are encouraged to discuss the rules and the time constraints with their opponents before each match to clarify these guidelines.

Stage	Woolworths Cricket Blast - Master Blasters
Indicative Age	U10s (7 -10 years old)
Purpose	MCA
Summary	Learn the Game
Description	Masters Blasters is a fun, social, safe, cricket program for boys and girls who can bowl with a straight arm over 14m.
Skill Objectives	Judge, respond and hit moving ball Run between wickets with judgement and calling Bowl with a straight arm over 14m Catch and throw over 15m
Game Type	Modified game of cricket
Ball	Kookaburra softaball.
Time	90 mins
Protective equipment	Not required but can be worn if participants desire. Batting gloves recommended
Boundary	Up to 30m from batting end
Pitch type and length	On outfield & 14m length.
Overs	12 or 16 overs
Team	6 or 8 players
Innings	1 innings per team
Batting	Wooden bat, typical size 2 to 4 Four overs per batting pair 2nd chance if no-ball or wide is bowled. The batter receives a free hit, taken off a batting tee. Double scoring zone straight to encourage straight hitting
Bowling	All players to bowl Two overs per player Maximum 6 balls per over Bowlers to bowl from one end
Fielding	Rotation of fielders No fielders within 10m of batter and stumps except for wicketkeeper
Dismissals	No premature 'end of innings' however, batters do change ends if dismissed No LBW

UNDER 8 MASTER BLASTERS Div 2

Coaches are encouraged to discuss the rules and the time constraints with their opponents before each match to clarify these guidelines.

Stage	Woolworths Cricket Blast - Master Blasters
Indicative Age	U8s (5-7 years old)
Purpose	MCA
Summary	Learn the skills of the game
Description	Masters Blasters - Under 8's is a fun, social, safe, cricket program for boys and girls to learn the skills of the game in a match environment.
Skill Objectives	By seasons end, participants will learn how to: Judge, respond and hit moving ball Run between wickets with judgement and calling Bowl with a straight arm over 14m Catch and throw over 15m
Game Type	Modified game of cricket.
Ball	Soft rubber ball
Time	90 mins
Protective equipment	Not required but can be worn if participants desire.
Boundary	Up to 30m from batting end
Pitch type and length	On outfield & 14m length.
Overs	12 or 16 overs
Team	6 or 8 players
Innings	1 innings per team
Batting	Plastic bats Four overs per batting pair 2nd chance if no-ball or wide is bowled. The batter receives a free hit, taken off a batting tee. Double scoring zone straight to encourage straight hitting
Bowling	All players to bowl Two overs per player Maximum 6 balls per over Bowlers to bowl from one end
Fielding	Rotation of fielders No fielders within 10m of batter and stumps except for wicketkeeper
Dismissals	No premature 'end of innings' however, batters do change ends if dismissed No LBW

2. APPENDIXES

A - Code of Behaviour

FULL copies of this document can be downloaded from the Cricket Australia website - www.cricketaustralia.com.au/cricket/rules-and-regulations

Contact the MCA Cricket Administrator (sportsadmin@harruppark.com.au) if you need further information.

B – Racial and Religious Vilification Code

FULL copies of this document can be downloaded from the Cricket Australia website - www.cricketaustralia.com.au/cricket/rules-and-regulations

Contact the MCA Cricket Administrator (sportsadmin@harruppark.com.au) if you need further information

C - Covering the Pitch

C	OVERING THE PITCH - COVERS DU	JTY
POSE	To establish and maintain a system for the app	
PONSIBILITIES	worker covers for fields at Flatfup Faire.	BY WHOM
fixture matches pl	ayed at Harrup park. This will take place on a	Or All Clubs
MCA Senior Cric	cket Competition By Laws – Relevant season.	
Covers Duty Ro	ster – Distributed annually.	
CEDURE		
If there is NO likel duty club that cov	ers are NOT required. In the event of no	ied.
no earlier than 5:0	00pm. Covers shall be applied to SIX (6) Harrup	
Covers shall be pinned downed securely by pins supplied by the HPCC Groundsman. When there is excessive wind additional pins shall be placed to secure sufficiently to ensure covers do not lift overnight.		s All Clubs
winds. If wind exc	eeds 20kms per hour (check with ground staff if	
nominated game am provided that i falling prior to the	(s) no earlier than 6:00am and no later than 7:30 it is not raining and/or there is little likelihood of commencement of play. In the event of rain,	
any water to drain	from the covers on the wicket square. The cover	ers
that field. Covers	are to be folded or carried onto double pallets	n
sides shall be res	ponsible for applying the covers in consultation	
	POSE PONSIBILITIES the responsibility of fixture matches ple dy roster determine rences: MCA Senior Critic Covers Duty Roster Duty Rost	POSE To establish and maintain a system for the application of the responsibility of each club to apply covers and remove covers frixture matches played at Harrup park. This will take place on a dy roster determined by MCA Cricket Administration. Tences: MCA Senior Cricket Competition By Laws – Relevant season. Covers Duty Roster – Distributed annually. CEDURE If there is NO likelihood of rain the grounds manager will advise the duty club that covers are NOT required. In the event of no instructions from the grounds manager, the covers are to be applicated on earlier than 5:00pm. Covers shall be applied to SIX (6) Harrup Park Fields – HP1, 2, 3, 4, 5 and 6 Covers shall be pinned downed securely by pins supplied by the HPCC Groundsman. When there is excessive wind additional pin shall be placed to secure sufficiently to ensure covers do not lift overnight. Care shall be taken when handling the covers in high and very hig winds. If wind exceeds 20kms per hour (check with ground staff if uncertain) covers shall NOT be applied due to safety reasons. Removal of the covers shall be done on the morning of the nominated game (s) no earlier than 6:00am and no later than 7:30 am provided that it is not raining and/or there is little likelihood of falling prior to the commencement of play. In the event of rain, covers will only be removed under the direction of the Head Groundsman. When removing covers, it shall be done in a manner as to not allot any water to drain from the covers on the wicket square. The covershall be removed so that any water or condensation is drained to

14/09/17 Page 1 of 1

NORKLOAD GUIDELINES FOR PLAYING AND TRAINING

It is recommended that the following guidelines be adopted for junior cricketers' training schedules.

	G-D	=	P-2	12	玉	FIS	P-16	I	# H	물
SESSIONS PER WEEK*	-	-	1	1	7	1	1	3	3	3
BALLS PER SESSION	74	11	M	æ	33	30	36	32	42	28

SCUBSTITUTE AT LEAST ONE PRACTICE SESSION FOR EACH ADDITIONAL MATCH PLAYED IN THE WEEK



BOWLING: GUIDELINES FOR TOTAL WEEKLY WORKLOAD (UNDER-14 TO UNDER-15 BOWLERS)

Research suggests that the total number of deliveries bowled in a week, quickly (workload spike) can have an impact on the potential for injury. and increasing the number of balls bowled from week-to-week too

workloads of more than 170 balls per week can increase the risk of injury, and at a junior For example, at first-class level (average age 27 years), it has been shown that total evel, the number of bowling sessions per week, can also influence injury risk. This is a potential area for concern in younger age groups when growth, motor development and physical maturity factors are taken into account

For under-14 to under-19 bowlers, it is recommended that a sensible strategy is:

- If 1 to 10 overs of match deliveries are bowled in a week, a
- If 11 to 20 overs of match deliveries are bowled in a week, a bowler bowler should follow the training guidelines above;
- If 21 to 30 overs of match deliveries are bowled in a week, a bowler should NOT bowl more than twice at training during that week; should NOT bowl more than once at training during that week;
- If 30 overs or more of match deliveries are bowled in a week, a bowler
 - should NOT bowl at all at training during that week.
- The above recommendations were developed with weekly Club/school cricket in mind and they are not in the lower back, seek early medical assessment of the problem. As with any repetitive physical activity, there is a risk that injuries may still occur. If symptoms develop, particularly

necessarily appropriate for junior cricket carnivals, which may have children playing multiple days of cricket t should also be noted that coaches, administrators and parents should be aware of the training workloads consecutively.

These recommendations have been developed with the junior cricket player's best interest in mind. aforementioned competitions/junior carnivals.

and any other competition playing commitments in the 2-3 days leading up to, and immediately after, the

Cricket Australia hopes that coaches and team managers can understand this and help to provide the safest cossible environment for our junior players.

DETECTING AND MANAGING ILLEGAL BOWLING ACTIONS

nternational Cricket Council's range (0-15 degrees) with maintaining a bowling arm position within the Many young boys and girls experience difficulties

Coaches, parents, umpires and managers of underage eams should respect the sensitive nature of this issue At the introductory level of the game, bowlers in this category should be assisted with the problem rather

A high level of empathy should be applied to the handling of these cases

that will help manage such cases, or visit the illegal bowling action information on the Cricket Australia Association to assist with appropriate measures Contact your relevant State/Territory Cricket nity.cricket.com.au website: www.co

IWLING WORKLOAD GUIDEL!

The following is recommended to reduce the risk of injury and enhance the bowling development of junior cricketers, both in game and training situations.

5 TO 12 YEARS OF AGE

BOWLING RESTRICTIONS SUMMARY

Restrictions in place for player development all players to bowl in every match

unless injured or at risk of injury;

maximum of eight (8)a balls in any one over, including wides and no-balls Six (6) legal balls per over with a

3 YEARS AND ABOVE

- Restrictions are in place predominately for safety, but also for development purposes;
- commences on the same day, i.e. outright overs on that day and if a second innings Maximum overs in a day includes all opportunity, restrictions still apply.

For players playing more than one match in a given day, the daily restrictions should still apply

REST PERIODS

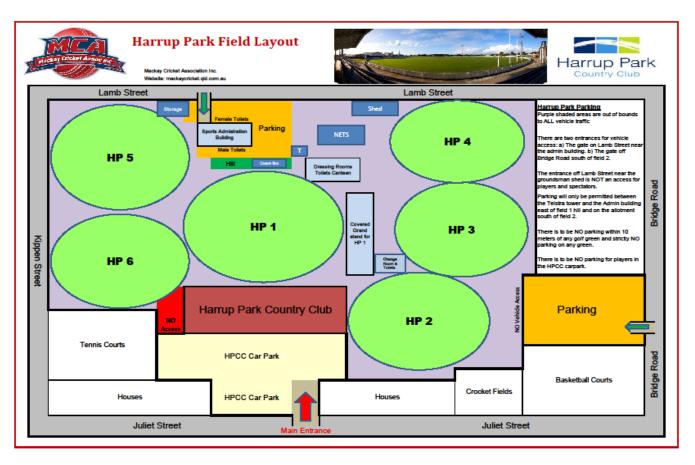
The minimum rest periods between spells for medium bowler has bowled 4 overs from that end, they would of overs bowled from the same end as the bowlers' and fast bowlers will be at least the same number immediately concluded spell. For example, if the get at least 4 overs rest before bowling again. induding wides/no-balls

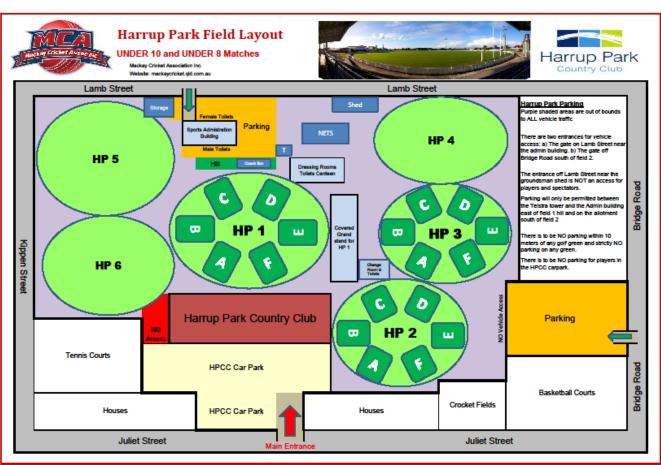


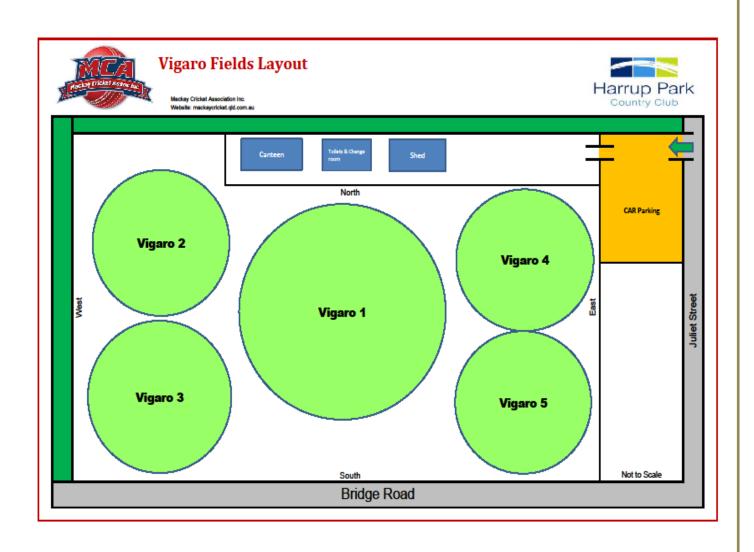
BOWLING RESTRICTIONS FOR MATCHES Maximum eight balls in any one over All players (unless injured or atrisk All players (unless injured or atrisk All players (unless injured or atrisk Three overs maximum each spel Four overs maximum each spel Two overs maximum each spel Four overs maximum for day Eight overs maximum for day of injury) minimum one over of injury) minimum one over of injury) minimumone over. Six overs maximum forday induding wides/no-balls One over per bowler ME

han have it highlighted

E - FIELD LAYOUT AND PARKING







F - METHOD of HANDLING BREACHES of the CODE OF CONDUCT

Method of Handling Breaches of the Code of Behaviour

- 1. An alleged breach of the Code of Behaviour, or an ancillary Code or Policy, may be reported by:
 - a. Mackay Cricket Association appointed Umpires;
 - b. The Secretaries of the Clubs participating in the match in which the alleged breach occurred;
 - c. A Player participating in the particular match in which an alleged breach occurs;
 - d. The Mackay Cricket Association Commissioner;
 - e. Any member of the Senior or Junior committee; or
 - f. The Secretary of the Mackay Cricket Association
- 2. Where an Umpire is considering or wishes to report an alleged breach of the Code of Behaviour, the umpire[s] must inform captains of the lodgement or pending lodgement of a report of his/her player as soon as practical at the close of the day's play.
- 3. The umpire[s] must complete the prescribed <u>Umpire's Report Form</u> and forward a copy of the Report, together with any further written submission to the Mackay Cricket Association Sports Administrator by before 9:00pm on the Monday after the close of the day's play.

NOTE: Umpire[s] must nominate the grade of offence on the report.

- a. Where a Player or Official as outlined above in (a) wishes to report an alleged breach of the Code of Behaviour, the Secretary of their club shall forward a written submission to the Mackay Cricket Association Sports Administrator by 9:00pm on the Monday after the completion of the match.
- b. The Mackay Cricket Association Director, Senior Cricket may lodge a report or instigate an investigation within 48 hours of becoming aware of any facts which are capable of substantiating a breach under this Code.
- 4. The Mackay Cricket Association Director, Junior Cricket shall:
 - a. Forward the report to the Secretary of the reported person/s club.
 - b. Refer it to the Mackay Cricket Association Commissioner.
 - c. Forward a copy to the MCA Cricket Clerical Assistant for filing.
- 5. The Club will ask the reported person if they wish to contest the charge or grading in the report. If they do not, the Mackay Cricket Association Match Committee can apply a penalty based on the Guidelines or convene a hearing to determine the matter.
- 6. If the reported person disputes the charge or grading, the Club Secretary will refer the report back to the Mackay Cricket Association Director, Senior Cricket, who in turn will advise the Commissioner.
- 7. The Mackay Cricket Association Commissioner may inform himself and take advice as he sees fit.

G - GRADING OF OFFENCES

Grading of Offences

- 1. There are four [4] levels of Grading of Offences to apply.
- 2. A player who commits a Level 1 offence would ordinarily expect to receive a minimum one [1] match ban, wholly suspended, and an official reprimand, if it is their first offence.
- 3. A player who commits a Level 1 offence, who has previously committed any level offence, would ordinarily expect to receive a minimum two [2] match ban, with one match suspended.
- 4. A player who commits a Level 2 offence would ordinarily expect to receive a minimum two [2] match ban, with one match suspended.
- 5. The Commissioner or Match Committee may impose any penalty for a Level 3 or Level 4 offence as it sees fit.
- 6. Any suspended penalties shall carry over to the next season but will expire at the end of the next season.
- 7. The Commissioner may vary the level of offence [higher or lower]
- 8. A breach of the Code of Behaviour will be graded and the penalty determined within the four [4] levels as outlined.
- 9. For level 2, 3 and 4 offences, the Commissioner or Match Committee has discretion to determine whether a suspension applies for representative matches
- 10. The findings of the Commissioner or Match Committee should clearly define the time frame of the suspension, be it for one day match [s], two day match [s] or a time frame.
- 11. Each of the rules for behaviour has a guideline. The guidelines are intended as an illustrative guide only and in the case of any doubt as to the interpretation of the Rule, the provisions of the Rule itself shall take precedence over the provisions of the guidelines. The guidelines should not be read as an exhaustive list of offences or prohibited conduct.

H – GUIDELINE OFFENCES

Level 1 Offences

Unacceptable Conduct

- a. The umpires shall act upon any unacceptable conduct.
- b. If either umpire considers that the conduct of a player, at any time during the match, is unacceptable, the umpire concerned shall call and signal Dead ball. This call may be delayed until the umpire is satisfied that it will not disadvantage the non-offending side.
- c. The umpire concerned shall report the matter to the other umpire and together they shall decide whether misconduct has occurred. If so, they shall determine into which of the Levels the conduct falls, and then apply the related sanctions.
- d. For each Level 1 to 4, if the offence is by a batsman, the umpires shall summon the offending player's captain to the field. Solely for the purpose of this Law, the batsmen at the wicket may not deputise for their captain.

This above applies with the addition of the below offences:

- 1. Breach of any regulation regarding approved clothing or equipment
 - a. This includes Playing Condition 1.22 Player's Attire and 1.23 Helmets, and any regulations regarding bat logos and regulations regarding other logos or advertising that may be worn or displayed.

Level 2 Offences

Any of the following actions by a player shall constitute a lever 2 offence

- 2. Showing serious dissent at an umpire's decision by word or action
- 3. Making inappropriate and deliberate physical contact with another player
- 4. Throwing the ball at a player, umpire or another person in an inappropriate and dangerous manner

- 5. Using language or gesture to another player, umpire, team official or spectator that, in the circumstances, is obscene or of a serious insulting nature
- 6. Or any other misconduct, the nature of which is, in the opinion of the umpires, equivalent to a Level 2 offence This above applies with the addition of the below offences:
 - 1. Any breach of Law 41 Unfair Play
 - 2. Any attempt to manipulate a Match in regard to the result, net run rate, bonus points or otherwise. The captain of any team committing such conduct shall be held responsible.
 - a. Prohibited conduct under this rule will include incidents where a team bats in such a way as to either adversely affect its own, or improve its opponent's, bonus points, net run rate or quotient.
 - 3. Seriously breach any regulation regarding approved clothing or equipment.
 - a. Without limitation, a breach will be considered serious if it is done in ad-faith or where it has serious commercial consequences (eg display of logo of competing CA or State sponsor)

Level 3 Offences

Either of the following actions by a player shall constitute a Level 3 offence:

- 1. Intimidating an umpire by language or gesture
- 2. Threatening to assault a player or any other person except an umpire

This above applies with the addition of the below offences:

- 1. Use language or gestures that offend, insult, humiliate, intimidate, threaten, disparage or vilify another person on the basis of that person's race, religion, colour, descent or national or ethnic origin
 - a. Self-explanatory
- 2. Make public or media comment detrimental to the interests of the game. Prohibited conduct under this rule includes:
- 3. Denigrating or criticising any player, umpire, official, and team, the Mackay Cricket Association, Queensland Cricket or any commercial Partner of the Mackay Cricket Association, Queensland Cricket or the respective Grade Clubs;
- 4. Denigrating or criticising any player, umpire or official by inappropriately commenting on any aspect of his or her performance, abilities or characteristics;
- 5. Commenting on the likely outcome of or criticising the outcome of a hearing, report or any appeal; or
- 6. Criticising any evidence, submission, or comment made by any person at the hearing of a report or any appeal.
- 7. Include comment on Club websites and other electronic media. Each Club shall be responsible for advising the Mackay Cricket Association of the Club Official that is responsible for monitoring their website.

Level 4 Offences

Any of the following actions by a player shall constitute a Level 4 offence:

- 1. Threatening to assault an umpire
- 2. Making inappropriate and deliberate physical contact with an umpire
- 3. Physically assaulting a player or any other person
- 4. Committing any other act of violence



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